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Enjoy Holidays: Reflect, Recharge, Celebrate

Christmas, celebrated by Christians, commemorates

By Jeff Thomas

Editor's note: With much appreciation for the author of this article, we also remember another holiday—New Year's Day, celebrated throughout the world—that reflects the birth of Jesus 2025 years ago. For short film versions, see The Shepherd (https://watch.thechosen.tv/video/184683594365) and The Messengers (https://watch.thechosen.tv/ video/184683594463).

The holiday season is a time of joy, reflection, and unity, marked by diverse celebrations that hold profound significance for millions of people worldwide. Across cultures and religions, the

holidays remind us of the values that unite humanity: love, gratitude, and hope. Beyond their religious or cultural roots, they offer an opportunity to connect with loved ones, recharge, and prepare for the coming year.

Religious Celebrations and Their Significance

The holidays are steeped in religious traditions that offer spiritual guidance and meaning. the birth of Jesus Christ, emphasizing themes of goodwill, generosity, and divine love. For many, the nativity story and traditions like midnight Mass and Advent are reminders of faith and hope. Hanukkah, the Jewish Festival of Lights,

celebrates the rededication of the Second Temple in Jerusalem and the miracle of the menorah's oil lasting eight days. This holiday symbolizes resilience and divine intervention, with traditions like lighting the menorah, playing dreidel, and enjoying foods fried in oil. Kwanzaa, a weeklong celebration honoring

African heritage and culture, is rooted in the principles of unity, self-determination, and collective responsibility. Founded by Dr. Maulana Karenga in 1966, Kwanzaa encourages reflection on shared values and the importance of community. Eid al-Fitr and Eid al-Adha are significant

Islamic holidays. Eid al-Fitr marks the end of Ramadan, a month of fasting, prayer, and reflection, while Eid al-Adha commemorates the willingness of Prophet Ibrahim (Abraham) to sacrifice his son in obedience to God.



These holidays emphasize charity, gratitude, and devotion.

Diwali, celebrated by Hindus, Sikhs, Jains, and Buddhists, is the Festival of Lights that signifies the triumph of light over darkness and good over evil.

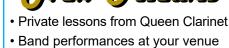
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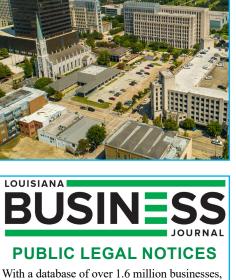
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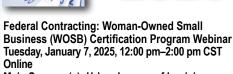
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Contact for more information: vvv@sbeinc.com 201 Saint Charles Avenue, Suite 2500 New Orleans, Louisiana 70170

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